



The ETHOS Study is currently recruiting

Testers

Join a dedicated team exploring the effectiveness of school-based counselling across London.

Apply now!

Would you like the opportunity to enhance your CV by working on an innovative research study in to counselling for young people?

The *Effectiveness and Cost-effectiveness Trial for Humanistic Counselling in Schools* (ETHOS) study aims to evaluate school-based, humanistic counselling (SBHC) by conducting the first fully powered randomized controlled trial of this intervention. The project is being led by [Professor Mick Cooper](#) from the University of Roehampton and brings together some of the UK's leading academics in counselling and psychotherapy. The study and has been awarded £835,000 by the Economic and Social Research Council.

SBHC will be delivered in approximately 18 secondary schools across London. Young people will be randomized to either counselling for up to ten weeks, or to pastoral care as usual and offered counselling after six months. Quantitative outcome measures will be administered to measure the effectiveness and cost-effectiveness of SBHC, and qualitative interviews will be undertaken to explore helpful and unhelpful aspects of the intervention.

The ETHOS team is looking for **testers** to join our research team. Testers will administer quantitative outcome measures to research participants at three testing points throughout the school year. Testers will be allocated work in a range of secondary schools in London and will work directly with the young people.

Essential criteria for applying:

- Completed, or currently studying, a postgraduate course in Psychology, Counselling, or a related discipline
- Interest and/or experience of working with children and young people's mental health
- Knowledge of counselling psychotherapy research
- Excellent interpersonal and communication skills
- Ability to uphold a professional attitude
- Able to travel in London to different sites
- Time flexibility throughout the school year
- Willingness to learn and engage in training when necessary

Additional information:

- Testers will be paid £15 per hour
- Working hours: approx. 3-20 days over a two-year period
- Travel costs will be reimbursed (within zones 1-4 on oyster card)
- A mandatory, unpaid training day in February will be provided (date tbc)
- Appointments are subject to references and a clear Disclosure and Barring Service (DBS) check

For more information about the study, please visit: www.roehampton.ac.uk/ETHOS/

Please contact Tiffany Rameswari (tiffany.rameswari@roehampton.ac.uk) for more information about the role and/or with your CV and covering letter if interested in applying.