Main Events

Our project "Anxiety symptoms across two generations of the same families in Japan and in the UK" (PI: Professor Cecilia A. Essau), was among the two out of 86 projects (funded by the PMI2 Strategic Alliances and Partnerships project, Research Co-operation) from the UK whose representatives were invited by the British Council to attend its Sustainable Research Networks Workshop in Kuala Lumpur from 3rd – 5th March 2009.

Dr. George Georgiou and Professor Cecilia Essau attended the workshop, together with project representatives from Malaysia, Singapore, Japan, Korea, and Thailand.

With travel grant from the British Council and the Department for Innovations, Universities & Skills, Professor Cecilia A. Essau explored research opportunities with her colleagues (Professor Michael Asuzu and Dr. Chioma Asuzu) at the University of Ibadan, Nigeria in March 2009.

Photo: With medical students at the Ibarapa Community (Development) and Primary Health Care Programme, Nigeria.
External Grants, Honours & Awards

Professor Cecilia A. Essau was awarded £59,764.00 for 18 months (2009-2010) by the Department for Business, Innovation and Skills, for a project entitled “Development of employability and entrepreneurship skills training programme for students at the University of Ibadan”, with Professor Michael C. Asuzu (University of Ibadan, Nigeria).

Professor Essau has been officially confirmed as a member of the Board of Trustees of the “Trust for the Study of Adolescence” (now: Young People in Focus). This registered charity aims to improve the lives of young people and their families through publications, training programmes and research projects.

Professor Essau has also been invited to serve on the Scientific Committee of the World Congress for Behavioural and Cognitive Therapies (WCBCT) on 2-5 June 2010 in Boston, USA. As a member of the Scientific Committee, she will participate in the review process for paper submissions, symposia, panel discussions, in-congress workshops, and clinical roundtable discussions.

Professor Essau acted as an external adviser for the validation of the BSc (Hons) in Cross Cultural Psychology, University of Central Lancashire, UK (March 2009).

Professor Essau acted as an external reviewer for the Psychology Department at the Lebanese American University, Beirut, Lebanon (June 2009).

Professor Keith Dobson: Honorary Professor, The Bolivian Society for Scientific Psychology (Awarded: June 2009).

Professor Mark R. Dadds was awarded:
- $251,037 (2009-2011) by the NHMRC for a project: “The impact of oxytocin on social cognition and behaviour in youth with autism spectrum disorders”. (with Brennan, Williams, & Levy)
- $387,750 (2009-2011) by the NHMRC for a project: “Relating genetic, biological and behavioural markers of early conduct problems in young females” (with Hawes, Brennan, Hayes, & Urwin)
Invited Talks

Professor Cecilia A. Essau gave invited talks at:

○ University of Ibadan (Faculty of Clinical Sciences, College of Medicine), Nigeria (title: Anxiety in children and adolescents: From epidemiology to prevention). March 2009.


Dr. Janek Dubowski gave a keynote address at the “Art for Health – Experiences and Perspectives” conference in Vilnius, Lithuania. June 2009.

Professor Thomas Ollendick gave invited talks at:

○ Southern Methodist University, Dallas, USA (title: Predictors, moderators, and mediators of treatment outcome). February 2009.

○ Brown University Medical School, Providence, USA. (Invited Grand Rounds- Title: Treatment of specific phobias in youth: Mediators and moderators of treatment outcome). March 2009.

○ 29th Annual Conference of the Anxiety Disorders Association of America, New Mexico (Invited Master Clinician Session- Title: Psychosocial treatment of children and adolescents with phobic and anxiety disorders). March 2009.

Publications (January - June 2009)


External Examining

Professor Cecilia A. Essau served as an external examiner at the PhD viva of Nandoli von Marees at the University of Bremen, Germany for her thesis entitled “Der Bullying- und Viktimisierungfragebogen: Konstruktion und Analyse von Instrumenten zur Erfassung von Bullying im Vor- und Grundschulalter”. March 2009.

Seminar Series (spring term 2009)

○ 30th January (Friday, 1 – 2 pm, Room 1005)
Dori Berger (Montclair State University & The Music Therapy Clinic, USA)
"The Music Effect: Preparing the Mind and Body for Learning"

○ 18th February (Wednesday, 4 – 5 pm, Room 1005)
Dr Marin Hagger (University of Nottingham, Nottingham, UK)
"Ego-depletion and self-control: A meta-analysis"

○ 20th February (Friday, 1 – 2 pm, Room G070)
Dr Satoko Sasagawa (Mejiro University, Japan)
"Social Phobia in Eastern and Western societies: Distinctive patterns in the manifestation of anxiety symptoms"

○ 21st April (Tuesday, 1 – 2 pm, Room 2002)
Anna Goodman (London School of Hygiene and Tropical Medicine, UK)
"Why do British Indian children have an apparent mental health advantage: Analyses from the British Child and Adolescent Mental Health Surveys"

○ May 12th (Tuesday, 1 – 2 pm, Room G036)
Dr Stella Chan (Oxford University, UK)
"Vulnerability to Depression and Emotional Processing"

Conference Presentations

Rae, J., Guimaraes, E., Stribling, P. & Dickerson, P. (June 2009). Transformations of gazing practices in the trajectory of humorous talk in a co-present, object-focused, multiparty task. International Conference on Laughter and Humour in Interaction, University of Huddersfield, UK.


Schwartzman, D., D'Iuso, D., Bouba-Dalambaye, K., Thompson, K., Blake, E., Renaud, J., **Dobson, K.,** & Drapeau, M. (June 2009). In-session processes of individuals with depression: An investigation of the relationship between cognitive errors, coping action patterns and interpersonal interactions. *Canadian Psychological Association 70th Annual Convention, Montreal, Canada.*

Renaud, J., D'Iuso, D., Morris, M., Blake, E., **Dobson, K.,** & Drapeau, M. (June 2009). Cognitive errors and depression: the role of adaptive and maladaptive coping in predicting therapy outcome. *Canadian Psychological Association 70th Convention, Montreal, Canada.*

Thompson, K., D'Iuso, D., Schwartzman, D., **Dobson, K.,** & Drapeau, M. (June 2009). The relationship between interpersonal communication strategies and therapeutic outcome. *Canadian Psychological Association 70th Annual Convention, Montreal, Canada.*


Gorasia, C., Bretherton, P. & **Mohiyeddini, C.** (May 2009). Depression and left frontal hypo activation: The role of emotional suppression as mediator. *Association for Psychological Science (APS), 21st Annual Convention, San Francisco, USA.*

**Visiting Fellows**

**Dr Satoko Sasagawa**  
Mejiro University, Japan

Collaborating with Professor Essau on the following projects:
○ Cross-cultural aspects of social anxiety  
○ Emotional regulation: A cross-cultural comparison

**Beatriz Olaya Guzmán** (PhD candidate)  
Universitat Autònoma de Barcelona, Spain

Collaborating with Professor Essau on the following projects:
○ Life events and adolescent psychopathology  
○ Impact of maternal psychological violence on child’s psychosocial functioning
**Upcoming Event**

**4th International Conference of Child and Adolescent Psychopathology**

The CARACAW is organizing the 4th International Conference of Child and Adolescent Psychopathology, to be held at Whitelands College from July 13 – 14, 2009.

This year’s conference will be attended by delegates from 31 countries:

Australia, Canada, Cyprus (North and South), Singapore, Belgium, Malaysia, Belgium, Barbados, Poland, Germany, Romania, Sweden, The Netherlands, USA, Ireland, UK, Austria, New Zealand, Hong Kong, India, South Africa, Turkey, Pakistan, Iran, Israel, Russia, Slovakia, Spain, Korea, Italy, Brazil.

Some photos from the 3rd International Conference of Child and Adolescent Psychopathology (July 14 – 15, 2008)

- **Poster Session**
- **At the BBQ**
- **Boat Trip from Richmond to Kingston**
- **Coffee Break**
Members of CARACAW

Academic Staff

Professor Cecilia Essau
PD Dr Changiz Mohiyeddini
Dr Frances Michie
Dr George Georgiou
Dr Gina Pauli
Dr Harshad Keval
Dr Janek Dubowski
Dr Penny Stribling
Dr Steve Farnfield
Jean O’Callaghan
Susanne Hickmott
Dr Catherine Gilvarry

PhD Students

Gloria Awosika
Benedict Grey
Annika Lindberg
Maria Christaki Parouti
Fuyuko Takeda
Dorita S. Berger (Dori)
Gabriele Caselli

Honorary Research Fellows

Professor Mark R. Dadds
Professor Keith Dobson
Dr Elena Longhi
Professor Thomas H. Ollendick

Contact Us

Professor Cecilia A. Essau (Research Centre Director)
Centre for Applied Research and Assessment in Child and Adolescent Wellbeing (CARACAW)
School of Human and Life Sciences
Whitelands College
Roehampton University
Holybourne Avenue
London SW15 4JD

E-mail: c.essau@roehampton.ac.uk
Tel: +44 (0)20 8392 3647

http://www.roehampton.ac.uk/researchcentres/caracaw/index.html

CARACAW welcomes enquiries from potential MPhil/PhD students.
Please visit the Roehampton University Graduate School pages regarding how to apply.