Main Events / News

Professor Cecilia A. Essau, Dr Gina Pauli, Dr Catherine Gilvarry, Constantina Demetriou, and Alina Dafinoiu had a productive research visit in Pakistan in December 2012. Their visit was part of a 3-year joint research project (“Anxiety among adolescents in Pakistan: From epidemiology to prevention”; UK’s PI: Professor Essau) with Fatima Jinnah Women University (FJWU) in Rawalpindi, which is funded by the Higher Education Commission in Pakistan and the British Council INSPIRE Strategic Partnerships fund.

The Roehampton team was also guest of FJWU’s Vice-Chancellor (Professor Samina Amin Qadir) and the Director of British Council Pakistan (Mr Peter Upton).

They also participated in the International Conference of Applied Psychology in Lahore, organized by the University of Punjab’s Department of Applied Psychology (Head: Prof Rukhsana Kausar) in collaboration with Psychology Subcommittee of Higher Education Commission’s Committee for the Development of Social Science and Humanities in Pakistan.

Professor Cecilia A. Essau was appointed a Visiting Professor at the Universiti Malaysia Sabah, Malaysia – September 2012.

Together with her colleagues at the School of Psychology and Social Work (Dean: Murnizam Hj Halik) she established research projects in various areas of youth mental health.
External Grants, Honours & Awards

**Professor Cecilia Essau** received external funding from:
- The European Commission: Directorate-General Justice (DPHNE III) (PI: Dr Corina Hatzinikolaou, Institute of Child Health, Athens)

  Project title: Protecting infants and toddlers from domestic violence: Development of a diagnostic protocol for infant and toddler abuse and neglect and its implementation to public health system

- **Arab Youth Study Group** (PI: Professor Julie Hakim-Larson, University of Windsor) received funding from The US - Society for Research in Child Development

  Project title: International Perspectives on Developmental Pathways for Arab Youth Identity

**Professor Thomas Ollendick** received external funding from:
- NIMH

  Project title: Interpretation Bias and Anxiety Transmission

**Assoc. Prof. Weining C. Chang** received external funding from:
- Temasek Foundation of Singapore

  Project title: Temasek Foundation Project on Post Traumatic Community Psychological Reconstruction Programs in China, Thailand and Indonesia.

- Singapore Health Promotion Board

  Project title: Mental Wellbeing Indicators of Singapore Adults, Adolescents, School and Pre-School Children

**Professor Mark R. Dadds** was awarded:
- NHMRC Principal research Fellowship 2013-2017
- NHMRC Project Grant 2013-2015

  Project title: Early Intervention for treatment resistant conduct problem children. (with Hawes, Brennan, Hayes, & Urwin)
Keynote Address / Invited Lecture / Workshop

Professor Cecilia A. Essau

○ Universiti Malaysia Sabah, Malaysia.

○ Universiti Malaysia Sabah, Malaysia.

○ University of the Punjab, Lahore, Pakistan.

○ Fatima Jinnah Women University, Rawalpindi, Pakistan.

○ Fatima Jinnah Women University, Rawalpindi, Pakistan.

○ Universiti Malaysia Sarawak, Malaysia.

○ University of Roehampton, UK.

○ Universidad Miguel Hernandez de Elche, Spain.

○ The Association for Child and Adolescent, North Wales and Merseyside Branch, Ellesmere Port, UK.

○ nscience UK, John Adams Hall, London.
Moscow State University, Moscow, Russia.

University of Birmingham, Cerebra Centre for Neurodevelopmental Disorders.

University of Roehampton (Psychology Society), UK. London. Invited lecture: From Borneo’s tropical jungle to Roehampton: Personal accounts and tips on how to become an academic. February 2012.

Karl-Franzens Universität Graz, Austria.

Professor Thomas Ollendick

REACH Institute, Buffalo, NY. Invited Workshop: Evidence-Based Treatment of the Anxiety Disorders. February 2012.

First Nordic Conference of Child and Adolescent Anxiety Disorders, Copenhagen, Denmark. Invited Opening Address: Prevalence, Phenomenology, and Assessment of Anxiety Disorders in Children and Adolescents. June 2012.

University of Copenhagen, Denmark. Invited Workshop: The One-Session Treatment Method for Specific Phobias in Youth. June 2012.

University of Tampere, Tampere, Finland.

University of Louisville, Louisville, Kentucky.

University of Stockholm, Stockholm, Sweden.
Invited Address: The Öst Factor: Recent Developments in One Session Treatment of Specific Phobias in Children And Adolescents. September 2012.


○ Ruhr-Universität, Bochum, Germany. Invited Address: Treatment of Oppositional Defiant Disorders in Youth: Mediators and Moderators of Change in a Randomized Trial Comparing Parent Management Training and Collaborative Problem Solving Training. October 2012.


**Professor Mark R. Dadds**


**Dr Dorita S. Berger**


**CARACAW Members in the News**

**Professor Mark R. Dadds:**


This year’s conference, as in previous years, was a great success. It was attended by delegates from 37 countries:

Australia, Canada, Cyprus, Singapore, Indonesia, Thailand, Israel, Poland, Germany, Romania, Sweden, Norway, Portugal, USA, Japan, China, Hong Kong, United Arab Emirates, The Netherlands, USA, Ireland, Austria, New Zealand, India, South Africa, Turkey, Pakistan, Iran, Slovakia, Spain, Korea, Italy, Russia, Czech Republic, Serbia, Barbados, Uganda, Latvia, Bulgaria, Taiwan, Oman

At the registration desk
Welcome reception
Poster session
BBQ – facing Richmond Park
Boat trip – down River Thames
Conference Presentations


**Chang, W. C.** (June 2012). Gender roles and marital relationships in transition: Implications for family and relationship therapy practice in contemporary China. Invited presentation at the Annual West China Psychiatric Conference, Chengdu, China.


**Constantina Demetriou, Catherine Gilvary, Xenia Anastasiou-Hadjicharalambous, & Cecilia Essau** (July 2012). Internalizing and externalizing syndromes among youth in Cyprus. The role of family. Paper presented at the 7th International Conference on Child and Adolescent Psychopathology, Roehampton University, UK.

**Katere Pourseed** (July 2012). The effects of a newly developed intervention program, based on principles of cognitive-behavioural-therapy and emotion regulation to reduce levels of social anxiety in children. Paper presented at the 7th International Conference on Child and Adolescent Psychopathology, Roehampton University, UK.

**Tsocheva, I., Sasagawa, S., Georgiou, G., & Essau, C.** (July 2012). Anxiety symptoms among adolescents in Bulgaria. Paper presented at the 7th International Conference on Child and Adolescent Psychopathology, Roehampton University, UK.


Halldorsdottir, T., & Ollendick, T. H. (November, 2012). Modifying Current Evidence-Based Treatments for Phobic and Anxiety Disorders in Youth with ADHD. Panel Discussion presented at the ADHD Special Interest Group, 46th Annual Convention, Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.


Welcoming our New PhD Students (starting October 2012/January 2013)

Ms Alina Dafinoiu

Research topic:
Mental Health Problems among “Home Alone” adolescents in Romania

Supervisors:
Prof Cecilia Essau
Dr George Georgiou

Ms Fatos Bayraktar

Research topic:
Psychological Well-being, Romantic Attachment and Divorce Attitudes of Emerging Adults in Cyprus

Supervisors:
Prof Cecilia Essau
Dr Catherine Gilvarry

Ms Faye Riley

Research topic:
Exposure to community violence and the role of group membership in reactions towards violent incidences

Supervisors:
Prof Cecilia Essau
Dr Keon West

Nathan Critchlow

Research topic:
Youths who abuse alcohol: The developmental of a multivariate behavioural model for the digital age

Supervisors:
Dr Catherine Gilvarry
Prof Cecilia Essau
Dr Adrian Bonner
Ms Blossom Fernandes

Research topic:
Executive function and emotional wellbeing from childhood to adolescence: Implications for ADHD and comorbid disorders

Supervisors:
Prof Cecilia Essau
Dr Mark Wright

Ms Sharon Allan

Research topic:
Early intervention & prevention of children at risk of knife and gun crime

Supervisors:
Prof Cecilia Essau
Dr Catherine Gilvarry

Ms Francesca Cavallerio

Research topic:
Examining the coach-athlete relationship in the context of sport injury

Supervisors:
Prof Cecilia Essau
Dr Ross Wadey
Dr Chris Wagstaff (external)

Ms Natalie Prichard

Research topic:
A quantitative outcome study examining the impact of play therapy in the stress physiology of maltreated children.

Supervisors:
Dr Steve Farnfield
Michael Barham
Welcoming our International Visitors and Research Collaborators

**Commonwealth Fellow**

Commonwealth Professional Fellowships:
**Dr Ling How Kee** (Universiti Malaysia Sarawak, Malaysia) & **Dr Farah Qadir** (Fatima Jinnah Women University, Pakistan).

Both fellows were at Roehampton from February – April 2012, working with Prof Essau in the area of “Communication in Public Healthcare Delivery”. Funded by The Commonwealth Scholarship Commission in the United Kingdom.

**Post-doctoral Fellow**

**Dr Bilge Uzun Özer**
Cumhuriyet University, Turkey

Collaborating with Dr Jean O’Callaghan & Professor Essau on the following projects:

- Procrastination
- Stigmatization of mental health
- Mental health literacy in young people

**Visiting Fellow**

**Dr Beatriz Olaya Guzmán**
Parc Sanitari Sant Joan de Déu, Barcelona, Spain

Collaborating with Professor Essau on the following projects:

- Assessment of mental health problems in children and adolescents
- Stigmatization of mental health
- Prevention of anxiety disorders
- Mental health literacy in young people
Dr Satoko Sasagawa  
Mejiro University, Japan

Collaborating with Professor Essau on the following projects:

○ Assessment of mental health problems in children and adolescents
○ The impact of the Tohoku Pacific Earthquake and Tsunami among Japanese children
○ Cross-cultural aspects of childhood anxiety
○ Transmission of anxiety in different generations of the same family
○ Prevention of anxiety disorders

Dr Takahito Takahashi  
Miyazaki University, Japan

Collaborating with Professor Essau on the following project:

○ The impact of the Tohoku Pacific Earthquake and Tsunami among Japanese children

Other News / Activities

Assoc. Prof. Weining C. Chang

○ Professor of Psychology (Adjunct), Department of Clinical Research, Duke-National University of Singapore, Graduate Medical School, Singapore

○ Professor of Psychology (Adjunct), School of Psychology, University of Western Australia, Perth, Australia

Professor Cecilia Essau

○ External Appointment Committee for a Professorial post at The University of Ibadan, Nigeria

○ Review panel (Child and Adolescent stream) for the 7th World Congress of Behavioural and Cognitive Therapies. Lima, Peru. July 2013
Members of CARACAW

Academic Staff
Professor Cecilia Essau
Professor Changiz Mohiyeddini
Dr George Georgiou
Dr Gina Pauli
Dr Janek Dubowski
Dr Steve Farnfield
Dr Jean O'Callaghan
Dr Catherine Gilvarry
Dr Elias Tsakanikos
Dr Mark Wright
Dr Keon West

PhD Students
Alina Dafinoiu
Benedict Grey
Blossom Fernandes
Constantina Demetriou
Fatos Bayraktar
Faye Riley
Francesca Cavallerio
Ivelina Tsocheva
Katere Pourseied
Kieran Balloo
Martha Canfield
Natalie Prichard
Nathan Critchlow
Sara Storm LeBlanc
Sharon Allan

Alumni
Dr Dorita S. Berger (Dori)

Honorary Research Fellows
Professor Mark R. Dadds
Professor Keith Dobson
Dr Elena Longhi
Professor Thomas H. Ollendick
Assoc. Prof. Weining C. Chang
Dr Stefano Palazzi

Contact Us
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http://www.roehampton.ac.uk/researchcentres/caracaw/index.html

CARACAW welcomes enquiries from potential MPhil/PhD students.
Please visit the Roehampton University Graduate School pages regarding how to apply.