



Physical Education Subject Knowledge Audit

NAME

Area of Subject Knowledge	Confident	Less Confident	Needs Development
GCSE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Applied Anatomy and Physiology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Movement Analysis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health and Well-Being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Socio-Cultural Influences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teaching across KS3 & KS4 Activities			
Invasion Sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Striking and Fielding Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Net and Wall Games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Athletics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gymnastics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Swimming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outdoor Adventurous Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Post-16 Qualifications			
A-Level Physical Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
BTEC Level 3 Sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Reflective Questions

1. What strengths and qualities do you bring to teaching Physical Education?

(Consider subject knowledge, communication, organisation, enthusiasm, leadership, relationships with pupils, etc.)

2. What gaps in your subject knowledge would you like to gain experience in?

(You may wish to link this to examination content, specific activities, or theoretical components.)

3. If you offered an extra-curricular club in your school, what would be the focus?

(Include activity, target age group, and any intended outcomes.)

4. Please outline any additional experience you feel is relevant to teaching Physical Education.

(e.g. coaching qualifications, officiating, leadership awards, volunteering, outdoor education, youth work, etc.)