

Welcome to the Physical Education Secondary PGCE at Roehampton



I am really pleased that you will be joining our PGCE Physical Education community. To help you feel confident and well prepared for the academic year ahead, I would like you to complete the following tasks. These activities are designed to gently introduce you to key ideas in physical education and sport pedagogy, encourage thoughtful reflection on teaching and learning in PE, and support you in reviewing and developing your subject knowledge as you begin the course. If you require any further assistance with pre-course reading, please email me : Lorraine.robins-kent@roehampton.ac.uk (Secondary PGCE PE Tutor)

A. Subject knowledge

Use your own subject audit (completed prior to interview) to assess your strengths and areas for development. To get ready for the course, you might want to complete some of the following tasks:

1. **Write** freely for 20-40 minutes about your experience of PE as a child:
Did you enjoy Physical Education lessons? Why? Or Why not? What would you change now that you are leading the sessions? Did you read or watch sporting documentaries for pleasure as a child? Were there aspects of the subject that bored or frightened you? When were you inspired? Why do you think it is important to consider your own schooling?

2. **Watch** a range of video clips of Physical Education lessons and make a note of your responses. Do you think that the lessons you watched are 'good'? What criteria are you using to judge these lessons?

<https://www.youtube.com/watch?v=G6XAJuug-JM>

<https://www.youtube.com/watch?v=ZHRny1czmEs&t=3s>

https://www.youtube.com/watch?v=X0PiH9M_cBk&t=15s (watch from 6.40)

3. **Watch** as many documentaries as you can, research the term physical literacy and understand how it impacts teaching and learning in Physical Education

4. **Look** to improve subject knowledge and build resources. I would suggest looking at as many websites for Physical Education as you can to build up your resource bank.

<https://www.afpe.org.uk/> <https://www.thepeshed.com/>

<https://www.thepespecialist.com/>

5. **Familiarise** yourself with the latest Physical Education GCSE, BTEC and A level exam board 'specifications' and past exam papers:

<https://www.aqa.org.uk/subjects/physical-education>

<https://qualifications.pearson.com/en/subjects/physical-education-and-sport/btec-sport.html#:~:text=A%20BTEC%20in%20Sport%20will,into%20a%20fulfilling%2C%20exciting%20career.&text=At%20all%20stages%20of%20their,and%20leaders%20of%20the%20future.>

<https://qualifications.pearson.com/en/subjects/physical-education-and-sport/btec-sport.html#:~:text=A%20BTEC%20in%20Sport%20will,into%20a%20fulfilling%2C%20exciting%20career.&text=At%20all%20stages%20of%20their,and%20leaders%20of%20the%20future.>

B. **Essential texts for PGCE Secondary Physical Education**

- Armour, K (2014) *Pedagogical Cases in Physical Education and Youth Sport* London: Routledge
- Bailey, R & Kirk, D (2009) *The Routledge Physical Education Reader* London: Routledge
- Holden, B (2022) *Wanna Teach PE* London: Scholary
- Ovens, A., Hopper, T & Butler, J (2012) *Complexity Thinking in Physical Education: Reframing Curriculum, Pedagogy and Research* London: Routledge
- Metzler, M (2017) *Instructional Models in Physical Education* London: Taylor and Francis Group

A wider reading list will be provided once the course begins. All these works are available in the library at Roehampton. There will be a library orientation tour towards the start of the course to familiarise you with the facilities and services available.