

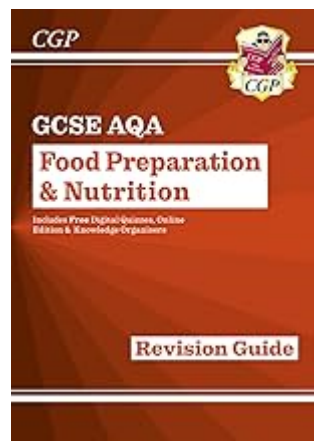


## Activities to support the PGCE Food and Nutrition Secondary Programme

Part A – Subject Knowledge – Use the subject audit from your interview and assess which areas of your knowledge need the most work.

Purchase the GCSE revision booklets for Food and Nutrition. AQA are pretty good, but any of the other Exam boards would be fine. Things may have changed since you took your GCSE – at Level 2, food-related courses are usually called Food, Preparation and Nutrition, Hospitality and Catering or CTH Level 2 Certificate in Culinary Skills.

It would be useful to purchase both revision guides.



Take a look at the specifications for all three courses:

- [GCSE Food preparation and Nutrition 8585 | Specification | AQA](#)
- [Level 1/2 Vocational Award in Hospitality and Catering](#)
- [Level 2 Certificate in Culinary Skills - Leiths Education](#)

**These websites are full of subject-related information. There is an activity associated with all (see below).**

1. **FOOD: A fact of life: A wide range of resources for pupils from 3 - 16 [Free education resources for teaching young people aged 3-16 years about where food comes from, cooking and healthy eating, and teacher training. - Food A Fact Of Life](#)**

2. Science Direct: Food Education: Food Science  
[Food Education - an overview | ScienceDirect Topics](#)
3. The British Nutrition Foundation.  
[British Nutrition Foundation - Homepage](#)
4. Introducing A Thorough Examination, Series 1: Addicted to Food. Chris van Tulleken  
[BBC Radio 4 - A Thorough Examination with Drs Chris and Xand, Series 1: Addicted to Food, Introducing A Thorough Examination](#)
5. David Thompson Article: A Journey through Culture, Survival, and Innovation.  
[Food History: A Journey through Culture, Survival, and Innovation.](#)
6. Simpson, et al. School food standards in the UK: implementation and evaluation.  
[untitled](#)
7. Woodside, et al. The Generating Excellent Nutrition in UK Schools (GENIUS) network: working towards a more health-promoting food and nutrition system in UK schools  
[The Generating Excellent Nutrition in UK Schools \(GENIUS\) network: working towards a more health-promoting food and nutrition system in UK schools](#)
8. Woodside, et al. Opportunities for intervention and innovation in school food within UK schools.  
[Opportunities for intervention and innovation in school food within UK schools](#)
9. Department for Education – National Curriculum.  
[National curriculum - GOV.UK](#)
10. Teaching Food and Culture  
Edited by Candice Lowe Swift and Richard Wilk.  
Published by Routledge  
[https://api.taylorfrancis.com/content/books/mono/download?identifierName=doi&identifierValue=10.4324/9781315419411&type=googlepdf](#)
11. Food Education and Food Technology in School Curricula - International Perspectives  
Edited by M Rutland and Angela Turner  
Published by Springer 2019  
[https://link.springer.com/book/10.1007/978-3-030-39339-7](#)
12. The FELL Report – A Report on the Food Education Learning Landscape (2017)

[!!FELL REPORT FINAL.pdf](#)

After reviewing the above, write your top 5 reasons for having Food and Nutrition in the curriculum. (max 500 words)

**Have a look at the resources on FOOD: A fact of life: A wide range of resources for pupils from 3 - 16**

[Free education resources for teaching young people aged 3-16 years about where food comes from, cooking and healthy eating, and teacher training. - Food A Fact Of Life](#)

Investigate the website and download any resources that you think would be good to help develop your understanding of the National Curriculum.

**Video clips:**

**Starting a Food Revolution in School (2018) Jamie Oliver**

<https://youtu.be/zsLR5no91Kc?si=s0Di0eyOywppKn4H>