##### PGCE Secondary Physical Education

**For any further queries about this Subject Specific Guidance or the Subject Audit below please e-mail the Subject Tutor:**

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**Physical Education Subject Knowledge Audit**

**1.**  **Anatomy and physiology**

What courses/qualifications/experience have provided you with a foundation for teaching this aspect of the Physical Education curriculum? Do you feel confident about your knowledge of the body and how it works? Do you think you have any major gaps in your knowledge?

**2. Health, fitness and training**

What courses/qualifications/experience have provided you with a foundation for teaching this aspect of the Physical Education curriculum? Do you feel confident about your knowledge of the health, fitness and training commonly taught in schools?

**3. Teaching across a range of physical activities and sports**

What courses/qualifications/experience have provided you with a foundation for teaching this aspect of the Physical Education curriculum? Do you think your knowledge is sufficient to support your ability to teach Physical Education across KS3 & 4 within a range of activities (for example Invasion, striking & fielding, net & wall games, athletics, Dance, gymnastics, swimming, outdoor adventurous activities)?

**4. Health and safety & child safe guarding**

What courses/qualifications/experience have provided you with a foundation for teaching this aspect of the Physical Education curriculum? How much do you know about health and safety & child safe guarding within a school setting? Have you attended any first aid, risk assessment or child safe guarding courses within a sport setting?

**5. Child development from physical literacy to proficient performer**

What courses/qualifications/experience have provided you with a foundation for understanding how children physically develop and how to support their development into proficient performers within a competitive setting? How confident are you that you can support pupils' development in this area?

**Subject Knowledge Development Needs**

Rank the five aspects of the Physical Education curriculum you have just considered in the order which indicates where you think your subject knowledge development needs most lie.

(1= most development needed . . . 5= least development needed)

1

2

3

4

5