**Dance Movement Psychotherapy Summer School**

Day 1 (Geoffery Unkovich): **Introduction to Dance Movement Psychotherapy and its history**.

Objectives:

1.     To learn of the history of dance movement psychotherapy.

2.     To appreciate the depth of emotion that can be experienced through movement relationships

3.     To appreciate the ethos of the training programme at Roehampton University

Day 2 (Geoffery Unkovich): **Relationally responsive interactions**

Objectives:

1.            To develop greater awareness of the impact of how we relate to others.

2.            To explore co-creation of meaning and mutual influence

3.            To appreciate the place of empathy, compassion and individuality in embodied practice

4.            To appreciate the impact of individual responses to self, other people, environment, technology, social media, education, dance

Day 3 (Jenni de-Knoop): **Body Awareness in DMP**

Objectives:

1.     To develop an understanding of the impact of body awareness on psychological processes and relationships

2.     To appreciate some of the physiological and psychological processes impacted by a distorted body image

3.     To explore ways in which a DMP might support others in building a positive and accepting relationship with self and body

Day 4 (Gerry Harrison): **Holding client processes**

Objectives:

1.     To learn of the complexities of some client illnesses

2.     To appreciate the importance of supervision

3.     To explore session structure to support client process

Day 5 (Layla Smith): **Introduction to movement observation and analysis**

Objectives:

1.            To learn of the significance of movement observation in DMP

2.            To learn core concepts of Laban movement analysis and Bartenieff fundamentals

3.            To explore the impact of movement preferences in relationships

4.            To share significant learning from the course