

SUPERVISION PERSONALISATION FORM - ASSESSMENT V1.1

On each of the scales below, please indicate any preferences you might have for how you would like your supervisor to work with you. Please put a line through the appropriate number along the scale, with 5 indicating a very strong preference in that direction, and 1 indicating a slight preference in that direction. If you do not know, please leave the scale blank. I would like my supervisor to:

1. Offer theoretical input						No preference						Not offer theoretical input
	5	4	3	2	1	0	1	2	3	4	5	
2. Focus on my strengths & abilities						No preference						Focus on my problems & difficulties
	5	4	3	2	1	0	1	2	3	4	5	
3. Focus on the relationship between us						No preference						Not focus on the relationship between us
	5	4	3	2	1	0	1	2	3	4	5	
4. Provide more structure						No preference						Provide no structure
	5	4	3	2	1	0	1	2	3	4	5	
5. Focus on my client issues & experiences						No preference						Focus on my issues & experiences
	5	4	3	2	1	0	1	2	3	4	5	
6. Offer self disclosure						No preference						Not offer self disclosure
	5	4	3	2	1	0	1	2	3	4	5	
7. Draw on more than one orientation						No preference						Draw on one orientation
	5	4	3	2	1	0	1	2	3	4	5	
8. Provide active techniques/exercises						No preference						Not provide active techniques/exercises
	5	4	3	2	1	0	1	2	3	4	5	
9. Provide reading & reflection outside of supervision						No preference						Not provide reading & reflection outside of supervision
		4	3	2	1	0	1	2	3	4	5	
10. Talk more						No preference						Listen more
		4	3	2	1	0	1	2	3	4	5	
11. Directly challenge me						No preference						Not directly challenge me
	5	4	3	2	1	0	1	2	3	4	5	